

## UNIT 5 CLINICAL SKILLS APPRAISAL FORMS

### Section 5.2 Clinical Skills Appraisal Form

#### PRESSURE INJURY ASSESSMENT

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for pressure injury assessment are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.4, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 5.4.	Ascertains indication for the procedure				
1.1, 5.5, 6.1.	Gathers equipment: clean gloves, sterile gloves (optional), disposable millimetre ruler, paper or plastic for tracing the wound (optional), sterile cotton tip applicator swab				
PERFORMING THE PROCEDURE					
1.4, 1.5, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 2.2, 6.1.	Obtains consent				
1.1, 6.1.	Positions the person				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies clean gloves				
1.1, 6.1.	If necessary, removes the existing dressing				
1.1, 6.1.	Assesses the injury				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1	Disposes of used equipment appropriately				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.6, 7.1.	Documents procedure and assessment data in the person's wound chart				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments:

## Section 5.3 Clinical Skills Appraisal Form

### WOUND ASSESSMENT

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for wound assessment are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 7.1.	Reviews wound chart				
4.2, 5.1, 6.1.	Implements pain management if required				
1.1, 5.5, 6.1.	Gathers equipment: clean gloves, sterile gloves (optional), disposable millimetre ruler, paper or plastic for tracing the wound (optional), sterile cotton tip applicator swab				
PERFORMING THE PROCEDURE					
1.4, 1.5, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 2.2, 6.1.	Obtains consent				
1.1, 6.1.	Positions the person				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies clean gloves				
1.1, 6.1.	If necessary, removes the existing dressing				
4.2.	Assesses the injury				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1	Disposes of used equipment appropriately				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.6, 7.1.	Documents procedure and assessment data				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments:



## Section 5.4 Clinical Skills Appraisal Form

### SIMPLE WOUND DRESSING

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for the performance of a simple wound dressing are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 7.1.	Reviews wound chart				
4.2, 5.1.	Ascertains pain management requirements				
1.1, 5.5, 6.1.	Gathers equipment: goggles, mask and plastic apron (PPE), clean gloves, sterile gloves (optional), gauze, hypoallergenic tape, tie tapes or binder, bath blanket (if necessary), moisture-proof bag, mask (optional), antimicrobial solution or sterile saline, sterile dressing pack. If sterile dressing pack is not available, gathers the following sterile items: <ul style="list-style-type: none"> <li>• Drape or towel</li> <li>• Gauze squares</li> <li>• Container for the cleansing solution</li> <li>• Forceps</li> </ul> Additional supplies required for the particular dressing: <ul style="list-style-type: none"> <li>• Hair scissors or clippers</li> <li>• Scissors</li> <li>• Paper or porous tape</li> <li>• Transparent wound barrier dressing</li> </ul> or Hydrocolloid dressing at least 2 cm larger than the wound on all four sides				
	Places moisture bag on the side of the dressing trolley				
PERFORMING THE PROCEDURE					
1.4, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 6.1.	Obtains consent				
1.1, 6.1.	Prepares the person				
1.1, 6.1.	Puts on goggles, mask and plastic apron (PPE)				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies clean gloves				
1.1, 6.1.	Removes outer dressing Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Sets up sterile field and opens required dressing on the sterile field				
1.1, 6.1.	Performs hand hygiene and applies sterile gloves if required				
1.1, 6.1.	Removes inner dressing with forceps and disposes of the forceps				
4.2.	Assesses wound				
1.1, 6.1.	Cleanses the wound and surrounding skin				
1.1, 6.1.	Removes gloves and performs hand hygiene (if required)				
1.1, 6.1.	Applies transparent wound barrier, hydrocolloid dressing or sterile dressing				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1.	Disposes of used equipment appropriately				
1.1, 6.1.	Performs hand hygiene				
1.6, 7.1.	Documents procedure and assessment data				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments:

## Section 5.5 Clinical Skills Appraisal Form

### WOUND IRRIGATION

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for wound irrigation are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.4, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 5.4.	Ascertains indication for the procedure				
4.2, 5.1.	Ascertains pain management requirements				
1.1, 1.4, 5.5, 6.1.	Gathers equipment: sterile irrigation set or individual supplies, including: <ul style="list-style-type: none"> <li>• Sterile syringe (e.g. a 30–60-mL syringe) with a catheter of an appropriate size (e.g. #18 or #19) or an irrigating tip syringe</li> <li>• Splash shield for syringe (optional), sterile graduated container for irrigating solution, basin/kidney dish for collecting the used irrigating solution, moisture-proof sterile drape, moisture-proof bag, irrigating solution (usually 200-mL of solution warmed to body temperature, according to organisational policy), goggles, mask and plastic apron (PPE), clean gloves, sterile gloves (optional)</li> </ul>				
1.1, 6.1.	Prepares solution temperature				
PERFORMING THE PROCEDURE					
1.4, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 2.2, 6.1.	Obtains consent				
1.1, 6.1.	Positions the person				
1.1, 6.1.	Places waterproof drape under the wound				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Puts on goggles, mask and plastic apron (PPE)				
1.1, 6.1.	Applies clean gloves				
1.1, 6.1.	Removes outer dressing				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1, 7.1.	Measures and assesses wound drainage				
1.1, 6.1.	Sets up a sterile field				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies sterile gloves				
1.1, 6.1.	Irrigates the wound				
1.1, 6.1.	Dries the wound				
1.1, 4.2, 6.1.	Assesses and dresses the wound				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1.	Disposes of used equipment appropriately				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.6, 7.1.	Documents procedure and assessment data				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments:

## Section 5.6 Clinical Skills Appraisal Form

### PACKING A WOUND

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for packing a wound are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 7.1.	Reviews wound chart and progress notes				
1.1, 5.5, 6.1.	Reviews dressing plan on the wound chart to gather required equipment				
4.2, 5.1.	Ascertains pain management requirements				
1.1, 5.5, 6.1.	Gathers equipment: <ul style="list-style-type: none"> <li>• Sterile packing material</li> <li>• Sterile dressing equipment and dressing materials</li> <li>• Sterile solution for wetting the packing (e.g. normal saline)</li> <li>• Sterile cotton-tipped applicators</li> <li>• Moisture-proof bag</li> <li>• Goggles, mask and plastic apron (PPE)</li> <li>• Clean gloves</li> <li>• Sterile gloves (optional)</li> </ul> If using alginate – alginate dressing, solution for irrigation (e.g. sterile saline or water), irrigating syringe, basin/kidney dish to collect irrigation				
PERFORMING THE PROCEDURE					
1.4, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 2.2, 6.1.	Obtains consent				
1.1, 6.1.	Provides privacy and exposes wound area				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Puts on goggles, mask and plastic apron (PPE)				
1.1, 6.1.	Applies clean gloves				
1.1, 1.6, 6.1, 7.1.	Removes outer dressing and packing and notes the number removed				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Sets up sterile field				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies sterile gloves				
1.1, 6.1.	Prepares packing				
1.1, 6.1.	Cleanses wound				
4.2.	Assesses the wound				
1.1, 1.6, 6.1, 7.1.	Packs wound and notes the number inserted				
1.1, 6.1.	Dresses wound				
1.1, 6.1.	If alginate – prepares alginate				
1.1, 6.1.	Removes alginate and dressing				
1.1, 6.1.	Irrigates alginate wound				
1.1, 6.1.	Packs with alginate				
1.1, 6.1.	Dresses wound with moisture-retaining dressing				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1.	Disposes of used equipment appropriately				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 7.1.	Documents procedure and assessment data; also the number of packing material removed and applied into the wound				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments:

## Section 5.7 Clinical Skills Appraisal Form

### CLOSED WOUND DRAINAGE CARE

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for the care of a closed wound drainage system are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.4, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
4.2.	Assesses drainage				
1.1, 5.5, 6.1.	Gathers equipment: clean gloves, calibrated drainage receptacle, protective waterproof sheet, alcohol swab, closed wound drainage system (e.g. Hemovac or Jackson–Pratt)				
1.4, 1.6, 5.4.	Determines type and site of drainage				
PERFORMING THE PROCEDURE					
1.4, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 2.2, 6.1.	Obtains consent				
1.1, 6.1.	Prepares the person				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies clean gloves				
1.1, 6.1.	Empties drainage unit				
1.1, 6.1.	Re-establishes suction				
1.1, 6.1.	Secures drainage unit				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1.	Disposes of used equipment appropriately				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.6, 7.1.	Documents drainage on fluid balance chart and findings on the wound chart and progress notes				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments:



## Section 5.8 Clinical Skills Appraisal Form

### SUTURES/STAPLES/CLIP REMOVAL

The Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) for the removal of staples/sutures/clips are 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.6, 2.7, 3.2, 3.4, 4.1, 4.2, 5.1, 5.5, 6.1, 6.2, 6.5, 7.1, 7.2 and 7.3.

**U** – Unsatisfactory; **D** – Developing; **S** – Satisfactory; **NA** – Not applicable

NMBA (2016)	PREPARATION AND PLANNING FOR THE PROCEDURE	U	D	S	NA
1.1, 6.1.	Performs hand hygiene				
4.2, 6.1.	Assesses suture line				
1.1, 5.5, 6.1.	Gathers equipment: Moisture-proof bag <ul style="list-style-type: none"> <li>• Clean gloves</li> <li>• Sterile gloves</li> <li>• Sterile dressing pack</li> <li>• Normal saline</li> <li>• Sterile stitch cutter</li> <li>• Sterile Steri-Strips (thin adhesive strips) (optional)</li> <li>• Transparent wound barrier (if a dressing is to be applied)</li> </ul>				
PERFORMING THE PROCEDURE					
1.4, 2.2, 3.2, 6.1.	Explains procedure to the person				
1.4, 1.5, 2.2, 6.1.	Obtains consent				
1.1, 6.1.	Positions the person				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Establishes sterile field				
1.1, 6.1.	Dons clean gloves				
1.1, 6.1.	Removes dressing with forceps or gloves Discards dressing and forceps (if used) Removes gloves (if used)				
1.1, 6.1.	Performs hand hygiene				
1.1, 6.1.	Applies sterile gloves				
1.1, 6.1.	Cleanses wound				
1.1, 6.1.	Removes sutures/staples/clips				
1.1, 6.1.	Applies Steri-Strips				
1.1, 6.1.	Applies dressing				
PRIORITIES POST PROCEDURE					
1.1, 3.4, 6.1.	Disposes of used equipment appropriately, with staples being disposed into sharps container				
1.1, 6.1.	Removes gloves				
1.1, 6.1.	Performs hand hygiene				
1.4, 1.6, 7.1.	Documents number of sutures/staples/clips removed, and assessment data				
1.4, 1.6, 7.1.	Reviews current and previous assessment data				
2.6, 2.7, 7.1.	Reports any abnormalities				

Student:

Assessor name and signature:

Date:

Comments: